

# Holt Public Schools (MI)

Grades 6-12  
Fall 2025-26



## Summary

Topic Description	Results	Benchmark
<b>Emotion Regulation</b> How well students regulate their emotions.	<b>47%</b> 0 since last survey	 40th – 59th percentile compared to others nationally
<b>Perseverance</b> How well students are able to persevere through setbacks to achieve important goals.	<b>57%</b> ▲ 3 since last survey	 40th – 59th percentile compared to others nationally
<b>Positive Feelings</b> How frequently students feel positive emotions.	<b>57%</b> ▲ 5 since last survey	 20th – 39th percentile compared to others nationally
<b>Self-Efficacy About Math</b> How much students believe they can succeed in achieving academic outcomes or goals in math.	<b>42%</b> ▲ 1 since last survey	 20th – 39th percentile compared to others nationally
<b>Self-Management</b> How well students manage their emotions, thoughts, and behaviors in different situations.	<b>75%</b> ▲ 2 since last survey	 60th – 79th percentile compared to others nationally
<b>Supportive Relationships</b> How supported students feel through their relationships with friends, family, and adults at school.	<b>84%</b> 0 since last survey	 40th – 59th percentile compared to others nationally

1,944 responses



## Emotion Regulation

Your average

**47%**

1,944 responses

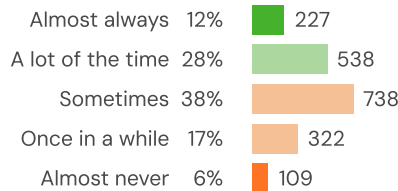
Change

**0**

since last survey

How did people respond?

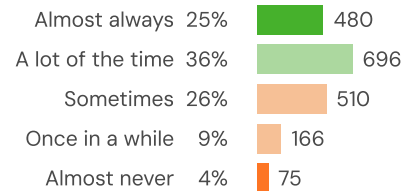
**Q.1: How often are you able to pull yourself out of a bad mood?**



▲ 1 from last survey

Favorable: **40%**

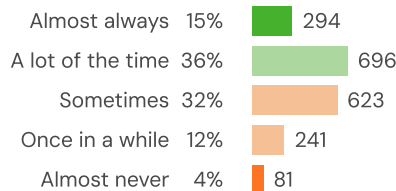
**Q.2: How often are you able to control your emotions when you need to?**



▼ 1 from last survey

Favorable: **61%**

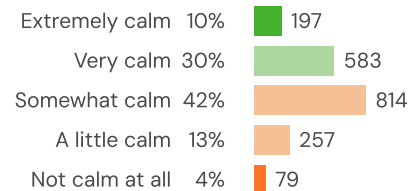
**Q.3: When you get upset, how often can you get yourself to relax?**



▲ 3 from last survey

Favorable: **51%**

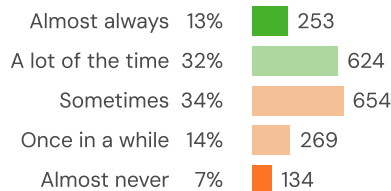
**Q.4: When things go wrong for you, how calm are you able to stay?**



▼ 1 from last survey

Favorable: **40%**

**Q.5: When you get upset, how often do you stop to think before you act?**



▲ 1 from last survey

Favorable: **45%**



## Perseverance

Your average

**57%**

1,944 responses

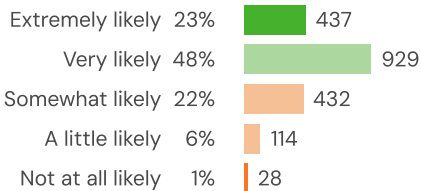
Change

**▲ 3**

since last survey

How did people respond?

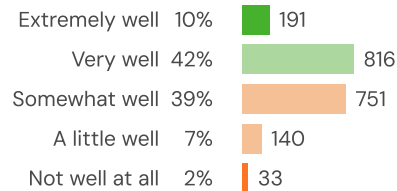
**Q.1: If you fail at something that is important to you, how likely are you to try again?**



▲ 5 from last survey

Favorable: **70%**

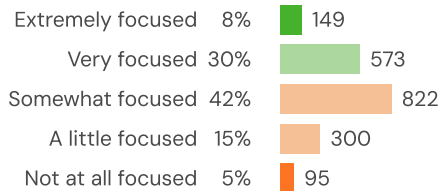
**Q.2: How well can you keep working to reach your goals if problems come up?**



▲ 3 from last survey

Favorable: **52%**

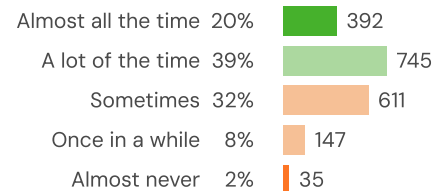
**Q.3: When you are working on something that matters to you and there are distractions, how focused can you stay?**



▲ 2 from last survey

Favorable: **37%**

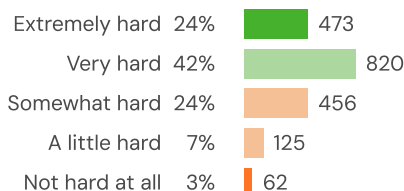
**Q.4: How often do you get your work done, even when you don't feel like doing it?**



▲ 2 from last survey

Favorable: **59%**

**Q.5: How hard do you work to keep your promises, even if they are hard to keep?**



▲ 1 from last survey

Favorable: **67%**



## Positive Feelings

Your average

**57%**

1,944 responses

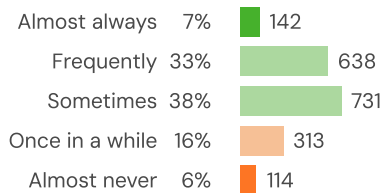
Change

**▲ 5**

since last survey

How did people respond?

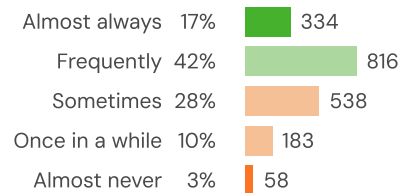
**Q.1: During the past week, how often did you feel excited?**



▲ 7 from last survey

Favorable: **78%**

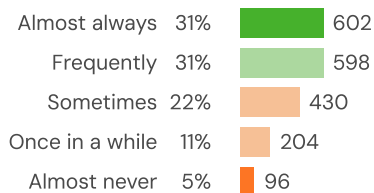
**Q.2: During the past week, how often did you feel happy?**



▲ 5 from last survey

Favorable: **60%**

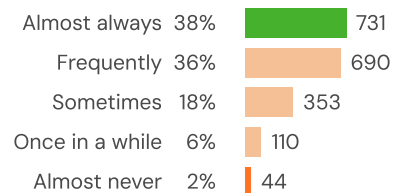
**Q.3: During the past week, how often did you feel loved?**



▲ 3 from last survey

Favorable: **62%**

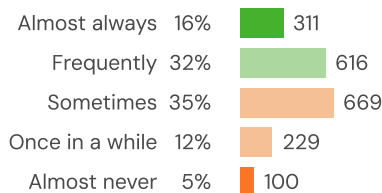
**Q.4: During the past week, how often did you feel safe?**



▲ 5 from last survey

Favorable: **38%**

**Q.5: During the past week, how often did you feel hopeful?**



▲ 5 from last survey

Favorable: **48%**



## Self-Efficacy About Math

Your average

**42%**

1,944 responses

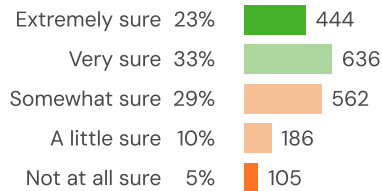
Change

**▲ 1**

since last survey

How did people respond?

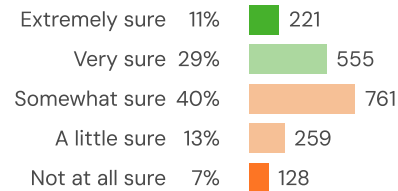
**Q.1: How sure are you that you can complete all the schoolwork that is given to you in your math class?**



▲ 2 from last survey

Favorable: **56%**

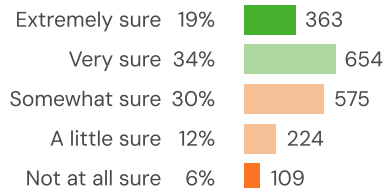
**Q.2: When complicated ideas are discussed in your math class, how sure are you that you can understand them?**



▲ 2 from last survey

Favorable: **40%**

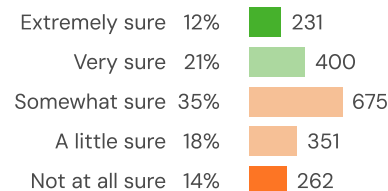
**Q.3: How sure are you that you can learn all the subjects taught in your math class?**



▲ 2 from last survey

Favorable: **53%**

**Q.4: How sure are you that you can do the hardest schoolwork that is given to you in your math class?**

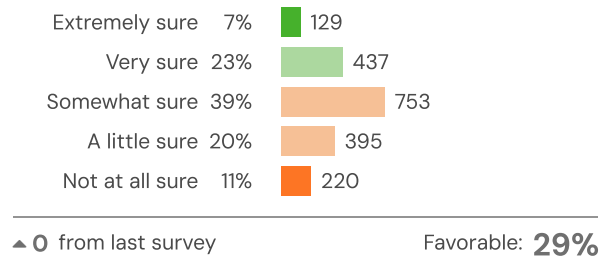


▲ 0 from last survey

Favorable: **33%**



**Q.5: How sure are you that you will remember  
what you learned in your current math class, next  
year?**





## Self-Management

Your average

**75%**

1,944 responses

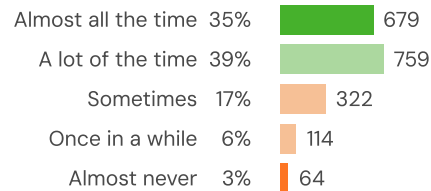
Change

**▲ 2**

since last survey

How did people respond?

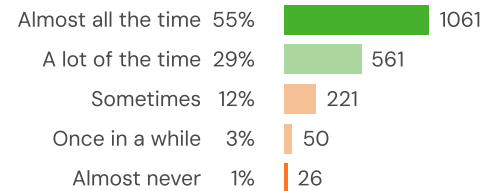
**Q.1: During the past two weeks, how often did you allow others to speak without interrupting them?**



▼ 1 from last survey

Favorable: **74%**

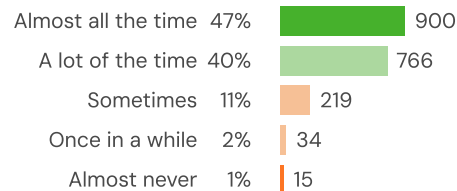
**Q.2: During the past two weeks, how often did you come to class prepared?**



▲ 3 from last survey

Favorable: **85%**

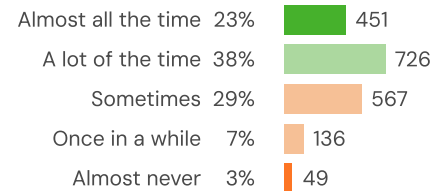
**Q.3: During the past two weeks, how often did you follow directions in class?**



▼ 1 from last survey

Favorable: **86%**

**Q.4: During the past two weeks, how often did you get your work done right away, instead of waiting until the last minute?**



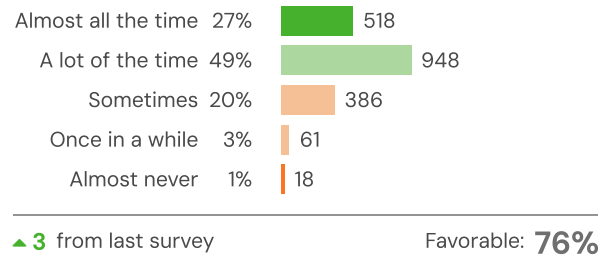
▲ 5 from last survey

Favorable: **61%**

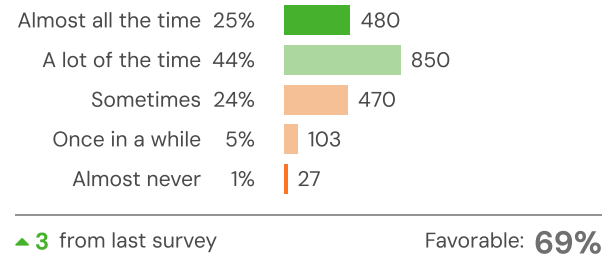




**Q.5: During the past two weeks, how often did you pay attention in class?**



**Q.6: During the past two weeks, when you were working on your own, how often did you stay focused?**





## Supportive Relationships

Your average

**84%**

1,944 responses



Change

**0**

since last survey

How did people respond?

**Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?**

Yes 77%  1496  
No 23%  435

▲ 0 from last survey

Favorable: **77%**

**Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?**

Yes 92%  1778  
No 8%  152

▲ 0 from last survey

Favorable: **92%**

**Q.3: Do you have a friend from school who you can count on to help you, no matter what?**

Yes 86%  1665  
No 14%  260

▼ 1 from last survey

Favorable: **86%**


**Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?**

Yes 67%  1288  
No 33%  636

▼ 1 from last survey

Favorable: **67%**



**Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?**

Yes 89%  1715  
No 11%  215

▲ 0 from last survey

Favorable: **89%**

**Q.6: Do you have a friend from school who you can be completely yourself around?**

Yes 92%  1766  
No 8%  163

▲ 0 from last survey

Favorable: **92%**